

Christ Church CE Primary Academy

Respect: Endurance: Friendship

Physical Education Whole School Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery and Reception	Gymnastics – jumping Jacks and rock & roll	Dance - dinosaurs	Gymnastics – gym in the jungle	Dance ‘till you drop	Best of balls	The games - Olympics
Year 1	Brilliant Ball	Throwing	Multi-skills	Active Athletics	Groovy Gym	Mighty Movers
Year 2	Multi-skills	Brilliant Ball	Ugly Bug Ball	Active Athletics	Gym Fit	Groovy Gym
Year 3	Active Athletics	Mighty Movers	Groovy Gym	African Dance	Swimming	Swimming
Year 4	Invaders	Nimble Nets	Swimming	Swimming	Young Olympians	Dynamic Dance
Year 5	Striking and fielding	Bootcamp	Swimming	Swimming	Nimble Nets	Young Olympians
Year 6	Swimming	Swimming	Football	Striking and fielding/Invaders	Young Olympians	Nimble Nets